



Fergus Skating Club Skateline News

NOVEMBER , 2017

DATES TO REMEMBER

President's Welcome

Seasons Greetings from the FSC Board! It's a busy time! Our talented skaters are getting ready for Performance Night, Competitions, Test Days and are busy working on their badges.

Congratulations to those who participated in the recent test day and to the skaters who competed at the Keswick Invitation Competition this past weekend.

We are pleased to have a walking float entered in the Fergus Santa Clause Parade this Saturday. We would love to have as many older skaters as possible join the fun! Please RSVP to juliesnenese@gmail.com (read on for more details).

Thank you to all our volunteers that are helping to keep our club running smoothly!

A special invitation to parents and skaters to join us next Friday (December 8) at 6:30pm for Performance Night. Our skaters will be performing their solos and group numbers for us. Hope to see you there.

If you have any questions or concerns, feel free to contact us.

Our next board meeting is Wednesday, December 6, 2017 at 5:00pm in Boardroom A at the Fergus Sportsplex. All are welcome!

Kelly Ann McKnight
www.fergusskatingclub.com

Fergus Santa Claus Parade
Saturday, December 2

Performance Night
Friday, December 8 :: 6:30 – 7:30

Holiday Fun Days
December 15, 20 and 23

Progress Reports
Reports for CanSkate/PreCanSkate/
CanPowerSkate/Star 1-3
Week of December 18

Family Christmas Skate
Friday, December 22

No Skating over Christmas
December 23, 2017 – January 6, 2018



**2017-2018
EXECUTIVE BOARD**

President:
Kelly Ann McKnight

Vice President:
Terri Dennis-Hobson

Secretary:
Linda Mae Ogilvie

Registrar:
Evelyn Brown

Treasurer:
Val Duimering

Test Chair:
Donna Starling

Call for Volunteers:

The Fergus Skating Club runs on volunteer strength, energy and commitment. Dedicated new members are needed each year to guide the focus of the Club and help create fun, engaging environments for all of our skaters.

This is your opportunity to get involved and make a difference!

Santa Claus Parade

HO HO HO!! This Saturday Dec 2 is the Santa Claus Parade in Fergus and the Club needs your help! We'll need a group of our older skaters and PA's to walk in the parade, carry our new Club banner, help hand out candy canes and keep the little ones moving.

Please wear your club jacket if you have one or dress in red and white (even a little Santa hat will do!) Let's show everyone how great our club is and spread some Christmas cheer!

Please meet at the AO Smith Parking Lot at 12:30 and dress warm! Please RSVP if you will be joining: juliesenese@gmail.com

Performance Night

Please join us next Friday night (December 8) for our first Performance night of the year. The first skater will take the ice at 6:30pm and will conclude at 7:30pm.

Skaters in all the figure skating programs are busy preparing for Performance Night on Friday December 8.

Group routines will be skated by Friday's STAR 1-3, Monday's Power & Presentation and Wednesday's Jump & Spin classes along with solo performances by advanced STARSkaters.

Skaters, we ask that you arrive at 6:00pm to ensure your music is in order and that you have a chance to warm up before the evening gets underway.

For those donating treats, please ensure that they are nut-free and remember that your donation contributes to your volunteer hours. Looking forward to seeing our talented skaters during this wonderful opportunity! See you there!

PERFORMANCE NIGHT 2017

Celebrate with us at the **2017 FSC WINTER PERFORMANCE NIGHT**. Our StarSkaters will have the chance to perform for you - please come out and cheer them on.

Hot drinks and snacks will be served.

**6:15-7:30PM Friday Dec 8
CW Sportsplex - PAD B**

ADMISSION by DONATION

Hosted by
FERGUS SKATING CLUB





Patty Lambertus :: certified Skate Canada coach (25+ years). Patty has coached several Competitive Singles Skaters from Pre-Juvenile all the way to the Senior level. She has coached numerous Skate Canada Gold test medallist in the disciplines of Skills, Dance and Freeskate as well as, Interpretive.

Amy Hearder Broom :: certified Skate Canada coach (NCCP Regional Coach – STAR certified and First Aid Certified). Amy has 8 years of professional coaching experience. She is a Skate Canada Gold Test Medalist in Free Skate, Skating Skills, Dance and Interpretive. She is a National Championships Competitor Senior Ladies in 2005 and 2006.

Welcome **Deb Montgomery** :: Primary Starskate coach and has been certified with Skate Canada since 2001. Deb enjoys sharing her passion for skating with skaters of all ages and levels in a fun and positive environment. She coached in Newmarket (where Olympian Gabby Daleman first started skating) and in Richmond Hill. In 2005 she was awarded Coach of the Year from the Richmond Hill Skating Club. Currently Deb is coaching with Hespeler Skating Club and the Tavistock Skating Club.

Deb has been an adult skater since 1998 and has completed her gold test levels in dance and skills. For the past 5 years she has been skating with a competitive adult synchronized skating team at the National level. Her team was the top place finisher at the Skate Ontario Adult Competition last season.

All our coaches work hard to make your child's skating lesson a most enjoyable and fun experience. If you have any questions, do not hesitate to approach any of the coaches.

Patty Lambertus, Amy Hearder Broom and Deb Montgomery :: Canskate Coach and Pro Coach
(519) 941-2777
icex@rogers.com

CanSkaters News!

The CanSkaters are working hard and will receive their ribbons and badges as they complete their levels. Skaters will receive their progress reports before the holiday break. Please see the club bulletin board for a copy of the CanSkate Skills chart.

CanSkate X-mas Fun Days are Fri Dec 15, Wed Dec 20 & Sat Dec 23. Holiday music, games & treats. Skaters are encouraged to dress for the holiday and show their Christmas spirit!

Parents should feel free to ask questions or discuss concerns with Program Co-ordinator Patty or a Professional Coach after classes or email icex@rogers.com

STARSkaters News!

Coaches will be sending home permission slips for STAR 1-3 skaters that they feel are ready to take their tests. These tests will be taken during regular sessions in December.

STAR 1-3 group skaters will receive progress reports before Christmas Break.

Many of the advanced StarSkaters took their first Skate Canada tests of the season Nov 17 and Dec 1.

Power/Agility and Adult Skate Update

The Friday 7:30 - 8:20pm Power & Agility Hockey Skating Program is in full swing. Our instructors are focusing on knee bend and balance to develop powerful pushes for forward and backward skating skills such as turns and crosscuts. Stamina building is also addressed. Lots of fun and challenging drills are incorporated into the lessons. Repetition and practice is necessary to develop skating skills for any ice sport. This class is a great opportunity for players to develop and hone their skating skills allowing their hockey coaches to focus on hockey skills.

Adult skating program is also running on Fridays at 7:30 - 8:20pm. Our Adult group is progressing well and developing confidence on the ice.

FSC Skaters on Ice!

Several of our skaters have had the wonderful opportunity to skate during the Fergus Force Hockey Games. Congratulations to Ella - Oct 22, Kaitlyn Hunt - Oct 29, Jenna Purchase - Nov 7, Katie Mulligan - Nov 12, Riley Hobson - Nov 19



Guest Coach Seminar

The seminar was held Monday November 6 and our Guest Coach was Kiersten Tietz.

Kiersten is an ISU World Gold medalist in Synchronized Skating. Her team Nexxice, took the gold medal at the 2015 World Championships held in Hamilton, Ontario, Canada! Kiersten has also won 3 World Silver medals along with Team Nexxice & numerous International medals.

Kiersten is a Skate Canada Gold Test medalist in Free Skate, Dance and Skills and was a Novice level competitive singles skater instructed by Fergus Skating Club Coach, Patty Lambertus, before trying her hand at Synchronized Skating.

Kiersten stressed the importance of blade and edge awareness. She taught the group some challenging warm-up exercises, a few synchronized skating moves and ended the class with some fun improvisation time.

Kiersten has retired from competitive skating and is now attending the University of Guelph. She hopes to be a physiotherapist.

We look forward to having Kiersten join us again.



Clothing Sale!

We will be bringing out our "clothing rack" during skating sessions over the next couple of weeks.

This is an opportunity to buy or sell gently used skating apparel at budget friendly prices.

Keep in mind that our Performance Night will soon be here, and some skaters may be going to competitions.

If you have items for sale: Please pin an envelope with your name and phone number and price you are asking. (Also size of item)

If you are buying: place payment in envelope and hand in to desk volunteer who will pass it along to seller (try to bring smaller bills for exact payment or cheques)

Volunteers Needed: "shopkeepers" to bring out the clothing rack, help "shoppers", take care of payment envelopes and pack up.

